

# TAKING CARE OF YOUR HEALTH

When negotiations get tough our goal is to reach an agreement without a labor dispute. But that depends on our employer, so it's important to plan ahead and prepare ourselves.

While we have options to ensure basic healthcare coverage for our members and their families in the event of a strike or lockout, it's likely going to be different than our current healthcare plan.

Therefore, we encourage all members to make sure you and everyone in your family is up-to-date with basic healthcare needs covered by your plan.

## **CHECK YOUR PLAN FOR ELIGIBILITY, BUT THESE MAY INCLUDE:**

- Fill all prescriptions
- Annual physicals/exams
- Get any immunizations
- Get vision screenings
- Purchase glasses or contacts (if covered)
- Routine dental exam

WE'RE STRONGER  
WHEN WE'RE PREPARED!

UNITED STEELWORKERS  
**USW** **STANDING  
STRONG**

